



Brown &
Chmielarski
Cosmetic &
Restorative
Dentistry

Instructions following Veneer Preparation

A surgical procedure has just been performed on your teeth and gums, therefore, they may be sore. Before the local anesthetic wears off, take an analgesic like Tylenol or Advil to avoid any possible discomfort. Please be careful not to bite your lips or tongue, as they may still be numb. Should you experience significant discomfort, contact our office.

You are now wearing a provisional (temporary) veneer until your custom-fitted finals are completed. Some sensitivity to biting, cold or sweets is normal at first. It is wise to avoid foods or liquids which produce these uncomfortable sensations.

Provisional restorations and the temporary cement used may become loose or cracked during use. We therefore recommend that you do not overstress them during this period. Avoid sticky and very chewy foods in that area. Should breakage or loosening occur, call our office as soon as possible. If the provisional restoration should come off, please replace it on you tooth or teeth to prevent shifting and place the clear plastic retainer to keep them in position. Contact our office as soon as possible.

Additionally, you may notice a gradual darkening of the surface of the provisional restoration. This is not unusual and is related to the staining from substances such as red wine, coffee, tea and the use of tobacco. Remember, you will only have the provisional restoration for a short period of time.

On your next appointment, the provisional restoration will be removed. The tooth or teeth will be cleaned, sterilized and desensitized prior to fitting and cementing of your final restoration. This procedure will require local anesthetic for your comfort.

If you have any questions or concerns, please call our office.

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