



Instructions for Crown, Bridge and Veneers

A surgical procedure has just been performed on your teeth and gums, therefore, they may be sore. Before the local anesthetic wears off, take an analgesic like Advil (if you are able to take) to avoid any possible discomfort. Please be careful not to bite your lips or tongue, as they may still be numb. Should you experience significant discomfort, contact our office.

You are now wearing a provisional (temporary) crown or bridge until your custom-fitted finals are completed. Some sensitivity to biting, cold or sweets is normal at first. It is wise to avoid foods or liquids which produce these uncomfortable sensations.

Provisional restorations and the temporary cement used may become loose or cracked during use. We therefore, recommend that you do not overstress them during this period. Avoid sticky and very chewy foods in that area. Should breakage or loosening occur, call our office as soon as possible. If the provisional restoration should come off, please replace it on your tooth or teeth to prevent shifting and contact our office as soon as possible.

Additionally, you may notice a gradual darkening of the surface of the provisional restoration. This is not unusual and is related to the staining from substances such as red wine, coffee, tea and the use of tobacco. Remember, you will only have the provisional restoration for a short period of time.

On your next appointment, the provisional restoration will be removed. The tooth or teeth will be cleaned prior to fitting and cementing of your final restoration. This procedure may require local anesthetic for your comfort.

HOME CARE INSTRUCTIONS:

After permanent cementation of veneers, special care will always need to be taken when using front teeth to bite into things. Avoid biting into hard, sticky or chewy foods.

If you have any questions or concerns, please call our office.

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