

Deprogramming Appliance

What is it?

A plastic appliance that you wear for a week to let us diagnose the proper position of your bite. It allows us to analyze your present bite position for possible improvement. It is a diagnostic tool only. A small percentage of patients who try the deprogrammer will not benefit from proceeding to treatment.

Who is it for?

If you are someone who has any of the following symptomatic problems, you will benefit from having your bite analyzed with the deprogrammer for potential treatment:

- An inability to chew thick breads (bagels) comfortably, chew rice with your back teeth, or chew only one piece of gum
- You do not know how your teeth “should” fit together
- You have worn front teeth, chipped or cracked back teeth, cracked fillings, loose teeth
- A sore jaw or tight jaw muscles
- You need your front teeth renewed with crowns or veneers

How does it work?

When the deprogrammer locates a bite that works best for your muscle, jaw joints and teeth, it allows us to manage your bite forces. The deprogrammer allows your jaw to “seat itself” into the joint. When it is not seated, there are sometimes problems that need treatment.

The seated position allows less wear and tear to your teeth, dental work and jaw joints. This presents predictably less dentistry over your lifetime. This means:

- Fewer new crowns and fewer worn out existing crowns
- Fewer fractured teeth or fillings
- Less joint pain
- Less over compression of the disk in the jaw joint
- And overall stronger teeth that experience less excessive structural damage/fatigue caused by the unnecessary forces of a poor bite position.

What treatment happens after the deprogrammer?

Sometimes we just need to re-align or fine-tune the old bite with a one-visit appointment that involves NO anesthetic. The adjustments are minute and precise to a definitive end point.

Sometimes we build you a new “custom bite”. Either way, an individualized treatment plan is designed and presented to you, especially for you. You can see why we consider this to be the first truly anti-aging device for your teeth.

INSTRUCTIONS FOR USE

- You may experience significant relief of current symptoms.
- Please wear this appliance as much as possible, except when eating.
- Remove daily for oral hygiene. Brush and rinse appliance in cool or luke warm water.
- When your appliance is out of your mouth, put it in your retainer box.
- You should not experience additional discomfort, after 24 hours of use.

You **MUST** bring your appliance with you for your next appointment.

If you have any questions, concerns, or experience added discomfort, please call our office.