



Instructions for Extractions with Immediate Dentures

Pre-Op Instructions:

Two days prior to surgery- Be sure to fill ALL your prescriptions.

The night before surgery- If you were given an oral sedative (Halcion), you will take 1 pill before going to bed.

The day of surgery - You will take the second oral sedative pill 2 hours prior to your surgery appointment. You will also take 1 antibiotic pill (Amoxicillin or Clindamycin), 1 Analgesic pill (Ibuprofen 800mg) and 1 narcotic (Lortab 5mg), if prescribed, 2 hours prior to your appointment. Be sure to eat something before you take your medications because they can cause nausea. Wear comfortable clothing to your surgery appointment.

Be sure to have a driver bring you to your appointment and pick you up when taking an oral sedative. (Halcion or Valium)

Post-Op Instructions:

DO NOT RINSE for the first 48 hours after surgery- This is to avoid disturbing the blood clot which forms in the area for proper healing. After 48 hours, rinse with a warm salt water solution and/or Peridex several times a day after meals. Do not leave your denture out for more than a few minutes for the first few days because you may swell beyond the fit of the denture and will not be able to get it back in.

TO CONTROL BLEEDING, bite firmly on gauze for 15- 30 minutes- Continue to change the gauze at home. Some oozing from the area is normal for the first 24 – 48 hours; expect gauze and saliva to be pink. If bleeding persists after several attempts with the gauze, you may also bite on a wet tea bag as this helps slow the bleeding.

PAIN RELIEF: An analgesic (Ibuprophen 800 mg.) and possibly a pain medication(Lortab) will be prescribed- Take one(1) Ibuprophen every six (6) hours for at least the first three days. Please discuss any additional pain medication that you are taking with your dentist or surgical assistant to avoid any unnecessary complications.

ANTIBIOTICS will be prescribed by the doctor- Take the antibiotic as prescribed by your doctor for the ten (10) days after surgery. If you develop a fever or other symptoms and side effects (nausea, vomiting, rash, itching), please contact the office immediately.

MINIMIZE SWELLING by placing an ice pack (a pack of frozen peas or corn may work as well) on your face for twenty (20) minutes at a time for the first two (2) days.

DO NOT SMOKE- Avoid smoking after surgery until healing is complete. The risk of infection and failure of implants could be the result.

AVOID SITE TRAUMA by not eating until the anesthetic has completely worn off. Also avoid vigorous rinsing, spitting and use of a straw for the first two (2) days as this may disrupt proper healing. Bony pieces may work through the gum during the healing process.

AVOID EXCESSIVE EXERTION OR HEAVY LIFTING FOR 48 HOURS.

EATING WHILE IN TEMPORARY DENTURE- For the first few days you may find it uncomfortable to eat anything that isn't soft or a liquid. You will be on a soft food diet such as yogurt, cottage cheese, eggs, oatmeal, ice cream, and soup, for a while, however be sure to keep up with nutrition to help ensure proper healing.

PROPER CARE OF DENTURES- Your temporary denture had a soft liner placed which will continue to adapt to your tissue for the next 24 hours, so you will need to keep your denture in until you are seen for your 24 hour follow up appointment. **DO NOT USE ANY TYPE OF CLEANERS ON YOUR DENTURE OR IT WILL DAMAGE THE SOFT LINER.** You may rinse your denture and brush the teeth with a soft bristle toothbrush only! (Avoid foods with seeds as they become embedded in the soft liner.)

SPEAKING WITH YOUR NEW DENTURE WILL BE DIFFICULT AT FIRST BUT IN TIME IT WILL IMPROVE.